



Our Vision:

Pass It Along empowers, equips and enables youth to make lasting change that significantly impacts their community. Engaging young people from elementary school through college in well-run, youth-driven volunteer programs, we provide the opportunity to participate in community service projects with meaningful interaction with the recipients. Through these experiences, volunteers see the benefits of, and learn to implement, sustainable change. We encourage all volunteers to spend time in reflective thought, both before and after community service. Our objective is to encourage volunteers to consider why they serve, where their gifts lie, and what they hope to accomplish.



- **Leadership Programs**
 - Youth Council
 - Essential Leadership
 - Presentation Boot Camp
 - Youth Board
 - Internships & AmeriCorps
 - High School Chapters
- **Self-Esteem/Personal Growth Programs**
 - Girl Power
 - Winner's Image
 - Core Development Workshops
 - Goal Achiever

Key Areas of Service

- Children & Families in Need
- Education, Enrichment & Literacy
- Environmental Education
- Animal Care
- Hunger & Homelessness
- Elderly & Homebound Senior Care
- Living with Disabilities & Terminal Illness
- Home Renovation, Revitalization & Repair

- Writing Circles
- Poetry Workshops
- Community Cinema
- Express Yourself - Expression through the Arts
- Issues Forum

Self-Exploration & Expression

OUR PROGRAM

Youth Driven Change That Matters™

A Snapshot of Program Offerings

Youth Development

Girl Power

This is a student-to-student mentoring program that pairs middle school girls with high school girls. Meetings are held two times each month where valuable lessons are conducted that address issues middle school girls face every day.

Girl Power helps middle school girls build self-esteem, learn the importance of good decision making skills and benefit from a valuable relationship with a high school girl mentor. In turn, the high school girls gain a sense of accomplishment knowing they have helped make a difference in the lives of many young girls.

Winner's Image

This is an action oriented program with a powerful emphasis on individual accountability. This six week program teaches the best ways to connect with a person's "hidden self" to guide individuals to success; further, it introduces a daily five point program for materializing a winner's image.

Key Areas of Service

Special Olympics Training

Pass It Along youth volunteers work with and help train the young adults and other high school students who participate in the Special Olympics events. In 2008 our volunteers participated in the Special Olympics Speed Stacking competition. Currently, we partner with SCARC for our bowling program, as well as Dream Fields in Sparta for basketball training.

PIA Mentors

Student volunteers from our high school chapters mentor to students in an afterschool mentoring program in partnership with Mentoring Plus and the Sussex County YMCA.

This program provides a one-to-one mentoring opportunity for high school students to mentor to elementary school students. Students participate in fun and beneficial activities where they can strengthen academic, social and decision making skills while developing a special relationship with an older, caring mentor. Activities include, homework help, arts & crafts projects, participating in physical activities, and playing board games as well as completing meaningful service projects.

Self-Exploration and Expression **Youth Issues Forum**

This program brings youth together through discussion and action while providing opportunities for growth and exploration, both as individuals and as a part of a diverse community.

Understanding, compassion, and freedom of expression are the hallmarks of this program.

If you are interested in learning more about these and other programs, as well as our special programming events, please call our office or email volunteer@passitalong.org.

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Pass It Along's mission is to awaken, validate and nourish the innate desire to 'give back' by mobilizing youth as community partners.

www.passitalong.org